

see page 6

IN THE
COURTS

see page 8

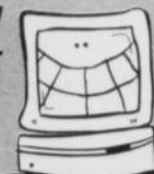
Didsbury Hospital
workers train with
STARS

see page B6

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photo by Shelley Brolsma

Rabbit hug ...

Tamara Wiens, 6, and her sister Tina, 8, played with bunnies Chocolate Chip and Cottontail behind their home last week.

Hearthstone announces crisis centre expansion

by Chris Puglia

Due to the increasing population in the community of Strathmore and in the region of Hearthstone Child and Family Services, the Wheatland Community Crisis Society has identified a need to expand.

The centre that houses an average of 9-15 clients at any one time serves the jurisdiction of Hearthstone, which includes the communities of Carstairs, Cremona, and Didsbury, as well as a number of others. As well, due to their proximity to the City of Calgary, they also receive clients from the city.

Karen Peas, director of the centre, says they are hoping to begin construction of a new building sometime in April assuming their grant applications for the \$700,000 project are successful.

As well, the project has already garnered tremendous support from the Strathmore area community who have generously donated over \$100,000 to the project.

Peas says donations of cash, labour and materials is very important to the project as the grants they will receive from either the provincial or federal governments will not cover the entire expenditure.

The new building is designed to be wheelchair accessible which will increase the variety of clientele the centre can accommodate, and will be expanded to house a maximum of 25 clients compared to the current maximum of 15.

The building will be a three floor, two-storey design complete with all the amenities of a normal home, as well as counselling capabilities.

Aside from the need for new space, the old centre is badly in need of repair. However, the constant maintenance requirements does not make renovations feasible.

"The building we're in is over 40 years old," said Peas and it requires extensive plumbing and roofing work. Peas says they are continuously pumping money into maintenance that could be better utilized to improve services.

Aside from serving as a crisis centre they are also mandated to run education campaigns on issues such as bullying, family violence, healthy relationships, and a variety of others. The presentations are conducted in schools and for other community groups.

Continued on Page 3 ...

Accidental shooting takes place in Westcott

Didsbury RCMP are still investigating details surrounding the accidental shooting of a 12-year-old boy quadding in the Westcott area March 8.

The boy apparently became stuck and in the process of trying to free the quad, a high-powered rifle was accidentally discharged striking the boy in the right arm.

The boy was rushed to Didsbury Hospital and

then to the Childrens Hospital in Calgary for medical treatment.

Sergeant Ron Platz from the Didsbury RCMP Office says the boy is now in stable condition and his injuries do not appear to be life-threatening.

While details of this event are still undetermined, Platz reminds the public to be mindful of safe storage for firearms at all times.



Dan Peters & Allen Reed

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Battle against crime

Policing Advisory Committee taking action

by Chris Puglia

The Community Policing Advisory Committee serving the communities of Cremona, Water Valley, Didsbury, Carstairs, and their surrounding areas is keeping with its mandate to be a high profile community action group.

The first order of business was to develop a medium to get the Committee's message out to the public.

That objective was accomplished by the approval to print 1,000 brochures outlining what the Committee does and who to contact for more information and to voice concerns.

The debut of the flyer will be at the Didsbury Trade Show on April 7 and 8 where it will be available at the Police Services booth.

The printing of the flyers was generously donated by Rural Online out of Water Valley, as the Committee is still reviewing avenues for generating funds.

The Committee is in the process of applying for grants from the various municipalities and the Community Lottery Board. As well, some of the proceeds from the RCMP June 14 Golf Tournament will be going to the Committee to assist in their operating costs.

The second major item on the Committee's agenda is to begin a letter writing campaign to lobby for additional RCMP manpower for the West Sundre, Burnt Timber, and West Cochrane areas during May Long Weekend.

Traditionally, the areas

have raised concern with police as well as the Ministry of Environment because of the large influx of people into the region.

It is estimated over 30,000 people congregate in that area on May Long Weekend, which has generated a number of policing problems in the form of alcohol and vehicle offenses.

Ideally, Didsbury RCMP Sgt. Ron Platz said, 30 officers would be required to police the area during that time.

"It is a unique situation. It's not like 30,000 people visit Three Hills during May Long Weekend," said Community Policing Committee member Dan Peters.

Unfortunately, in the past, requests by the RCMP have fallen on deaf ears and last

year the only response went to community groups lobbying in the name of the RCMP.

"They listen to the public more than they listen to the police," said Platz.

It is for that reason the Committee plans to send letters to the MLA's in those regions, the MP's, and RCMP top officials to ensure the message is clear that something must be done to protect the people and the environment in that area.

Platz said the Check Stop Campaign last year during May Long Weekend was extremely effective, and they had commitments from a number of people who said they were pleased to see them out in force in the area.

Other ideas the Committee has been tossing around are a drinking and driving awareness campaign for the grad season, as well as seminars for seniors and businesses on fraud-proofing.

People looking for information or wanting to contact the Committee can do so by calling Chris Puglia (chairman) at 335-3528, Marilyn Cooper at 337-3106, Penny Fox at 637-3762, or Michael Atchison at 637-2728. Or, by mail, Box 1270, Didsbury, Alberta, T0M 0W0.

In that regard, the Committee would like to inform the public they are more than happy and eager to discuss and advocate solutions to policing concerns and crime prevention issues in the community. However, they have no jurisdiction over criminal offenses which must be directed to the RCMP in the form of a complaint.

This issue was raised following a letter received by the committee, which stated complaints on specific vehicles citing license plates and names of drivers.

Those complaints must go directly to the RCMP.

Charge against Water Valley man dismissed by judge

A 35-year-old Water Valley man who stabbed another man six times during an altercation on a country road in April 2000 has been found not guilty.

The accused faced a charge of assault with a weapon. The verdict came at the conclusion of his trial before Judge W. Pepler in Didsbury provincial court.

The accused and the male complainant got into a confrontation outside Water Valley on April 20, 2000, court heard.

The accused testified he was riding his bicycle outside the Hamlet, southwest of Cremona, when the complainant, whom he did not know, attempted to run him off the road.

After backing up and accelerating toward the accused, the complainant stopped the vehicle and came toward the man.

"I knew something was going to happen," the accused said.

A fight broke out, with the complainant kicking and punching the accused.

"I was fighting to avoid being run over," he said. "I knew somebody had tried to run me over. He was on top of me in an instant."

The accused then pulled out a small knife from a belt holder and stabbed the complainant in the upper body.

"I stabbed him six times," he said. "I was hoping he would

leave me alone. It all happened very, very quickly. I could see there was blood."

Asked by Crown prosecutor Danny Elliot if he was trying to kill the complainant, the accused said no.

The complainant then went back to his truck and drove off.

The man was subsequently taken to Sundre General Hospital for treatment.

The accused has acted in self-defence, Judge Pepler ruled.

"He had a reasonable expect-

tation that something terrible was going to happen," said Pepler. The Judge dismissed the charge against Cameron Oberg.

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- ✓ **Opinions Page 5**
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photo by Richard Westlund

Looking towards spring ...

A donkey seems content with the warm March weather southern Alberta has enjoyed recently. March went in like a lamb and forecasts indicate it may go out that way.

A national sex offender registry: a victory for all Canadians - Thompson

In a rare show of unanimity, Members of Parliament from all political parties joined together to pass a Canadian Alliance motion that will create a national sex offender registry by January 1st, 2002.

"In typical Liberal fashion, while supporting the motion, the Liberals maintained that they were already complying with this request by providing a registry through the Canadian Police Information Centre (CPIC). This is clearly not enough," said Thompson.

"CPIC contains the criminal records of sexual offenders, it does not inform police that a dangerous sex offender is living within their jurisdiction. CPIC has information about where a sex offender lived at the time of the previous offence, it does not have more recent information about where they live or work today," stated Thompson.

"We need to update federal legislation so that police could flag and revive information on sex offenders at a moments notice. CPIC is a valuable source of informa-

tion, but a national sex offender registry would provide law enforcement with another tool to track sex offenders. Providing police with additional tools cannot help but to keep Canadians safe," said Thompson.

There has been widespread support for the registry from victims' and police organizations, including the Canadian Police Association. "At the present time, convicted offenders may be released into a community, or may change their residence, without notifying the local police service. In the event of a recurrence, such as an abduction or sexual assault, valuable time may be lost in identifying a suspect who is not known to be in the area by police," stated Grant Obst, CPA president.

"I think that the registry should require offenders to advise police of their whereabouts once a year, if they stay in the same location, or immediately after they move. The Canadian Alliance will be watching the Liberals closely over the next year for these legislative changes," concluded Thompson.

Cremona to host fire-fighter conference

by Chris Puglia

Approximately 40 fire fighters from all over Alberta will be arriving in Cremona the weekend of May 5 and 6 for the Alberta Associations of Fire Fighters Spring Conference.

The location was arranged by Cremona Fire Chief Ian Fox who is the secretary treasurer of the association and the weekend will be split into two main events.

One part of the conference will feature an agriculture rescue seminar which will include a farm machinery extrication portion to help teach fire personnel how to free victims from farm machinery after an agricultural accident.

Fox says they will probably also be inviting Mountain View Regional Ambulance, Sundre EMS and Cochrane EMS to that portion of the conference as well.

Fox says the training session will help EMT and paramedic personnel know what to expect when they go on scene where a person has been caught in an auger, baler or another piece of farm machinery.

The second aspect of the conference will be a flag man course which is in direct response to the accident in Crossfield where a fire fighter was struck by a vehicle while on the scene of an accident on the highway.

"We're trying to make our members as safe as possible," said Fox, who added that at times drivers can be inattentive when passing an accident scene, which can be a dangerous situation.

The course will teach fire personnel the best ways to control traffic with techniques involving placement of cones, strobes, body positioning and a variety of other techniques in order to prevent accidents.

"There is no reason what happened to the Crossfield fellow should have happened," said Fox.

With that in mind, Fox says he also plans to begin lobbying the government to change highway regulations to require motorists to slow down when approaching and passing active emergency services scenes.

Fox says in the United States there is new legislation that requires vehicles to slow down to 20 miles per hour when passing emergency vehicles.

"It will probably be a pet project of mine and I'll see if I can shake some trees and get our own legislation. There should be something in place," said Fox.

Currently, the Highway Traffic Act puts the speeds of motorists passing emergency vehicles up to the courtesy and discretion of the driver, providing they are in compliance with traffic laws. Fox says it is a double standard considering there is ample legislation to protect construction workers on roadways. In construction zones motorists are required to slow down, and in provinces like British Columbia, fine schedules double in construction zones.

Strathmore expanding crisis centre

Continued from Page 1

A few months ago staff from the centre conducted a stress management seminar at Hugh Sutherland School, and Peas says in the past they have also accommodated clients from the Carstairs and Didsbury area at the centre.

Currently Peas says they are looking for suggestions and donations for the project and are meeting with various stakeholders to discuss the project.

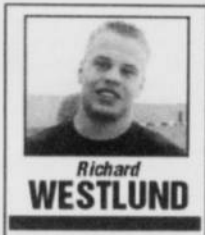
One of these stakeholders will be the Town of Carstairs, and Peas says she will be meeting with council in the next month or so. Mayor Richard Dais, who attended a preliminary information meeting concerning the new centre, said at the last council meeting that he supported the idea, but was not sure if the town was in a position to support the project financially. He was supportive of an additional meeting with centre personnel however.

Peas says the centre also plans on changing its name in order to better reflect the area it serves.

For information about the centre or if you require its services contact 1-877-934-6634 toll free.

OPINIONS EDITORIAL

Lucky to live here



Richard
WESTLUND

We have it pretty good in the part of the world we live. Our water is clean enough to drink, we can sleep safely in our beds with minimal worry that someone will break into houses. In Didsbury you can get away with leaving your car doors unlocked.

But not everyone in the world has these luxuries. While travelling across the country of the Dominican Republic, I was able to see a much different world.

Thin black children crowding the open-air jeeps we were travelling and chanting for candy from the tourists travelling with us.

It would be a mad scramble for the few sugar morsels that scattered across the ground as we drove past. Watching the mad dash made me feel a little ashamed that I live as well as I do in Canada. And the fact that we would throw out candy that we spent so little on, and that was supposed to make us feel good inside for doing it, didn't sit well with me either.

I can't imagine what these children think of the experience, these people they have never spoken to, but pass through their little villages at the same time every day, who throw out these little morsels.

Despite the experience I was left to believe that the people of the Dominican Republic were happy and that the poverty they lived in didn't affect them because they didn't know any better. Whether that is an accurate statement, or a thought I had to put my mind at ease has yet to be determined by myself.

But what if they are happy? They seemed appreciative of what little they had and received and seemed to be living happy lives. Suddenly the petty problems I left in Canada seemed inconsequential.

We live in the best country in the world, but do we really ever reflect on how true this statement really is?

Wonderings of the heart

Changing Gears

By Margaret Fradley

This short article definitely dates me. How easy is it for us to change gears?

My husband tells me that when they were children, his mother, who drove the family Essey, would take them to the lake, but she always drove in 'low gear', at times the kids would try to run ahead, but that didn't deter their mother, her speed was 'low gear.' Some mornings when we awaken, we feel like we are in 'low gear', for whatever reason it seems difficult to change into 'second'. It seems kind of comfortable in 'low' not yet too many demands in our time.

Finally, however we find we must switch into 'second' and eventually into 'high gear'. The choice is ours, the challenge is to change into 'high' as early in the day as possible. This isn't always easy, but sometimes an early cheery encouraging phone call, or note from a friend, makes the 'change of gears' much easier. This also calls us to become more sensitive to others, who in turn might need that word of encouragement from us to help them shift into a 'higher gear'.

As we discipline ourselves, switching gears like those older cars can become more automatic and less stressful.

There are times during our day, it is necessary to put our cars and our lives into reverse, it calls for a change of plans at the last minute, but later we often see the reason or purpose behind it. There are times we just need to 'idle', waiting for direction for our next move. "Happy driving".

TIME TO CLEAN TH' GARAGE AGAIN?



Notes from Nigeria

An unusual week in Nigeria

Dear Family and friends,

This has been an unusual week. We had a visitor from the states doing College and Career seminars for the students so each day a different grade was out of class. Tuesday, the 10th grade had to take exams all morning. Friday and Saturday we had a basketball tournament at the school all day. With about a third of the High School students on one of the three basketball teams it was hard to hold classes. Many of the teachers let the other students go out and watch the games for at least part of the class period.

Of course, we as teachers also enjoyed watching the games but not a lot of teaching was done this past week.

We did have one accident during the tournament. It actually happened on the way to the games on Saturday. Two of our girls were in a car accident. We don't know all the details but they hit a truck. The girls were not driving and the driver saw it coming. He turned the car so the greatest impact was on his side of the car not the girls'. It took an hour to get him out of the car and they were all taken to the mission hospital. The girls were banged up, had some broken bones and cuts. One may have a broken jaw but considering what might have happened, they have fairly minor injuries. Both were still somewhat in shock and both were in a lot of pain today (Sunday). We don't know the extent of the driver's injuries. We are thankful that they are going to be all right - no permanent damage. We are praying that God will use this to help them to grow stronger in

Him. Things like this make us all realize our mortality.

Linda Taylor teaches 7th grade Bible. One of her assignments this year was for the students to work in groups to write a tract for sharing about how to become a Christian. The initial rough drafts were read over by several people who gave their comments and the groups have continued to revise the tracts over the past weeks. Three of the tracts were finished this past week and they were able to get copies of two of them printed. Several students then passed them out to the visitors that had come for the basketball tournament. The high school desktop publishing class is going to get another two tracts ready for publishing and the last couple will be typed on the computer by members of the class. The plan is to make them available for other students and groups to use for evangelism and outreach. It is really exciting for the 7th grade students to see something they worked hard on and put a lot of creativity into actually being used to share Christ with others.

Next week should be more of a normal week but the week after is Spiritual Emphasis Week and will again be an unusual schedule. We will enjoy having a regular schedule for classes.

In Christ,
Janet and Dan Snyder

Notes from Nigeria is a weekly feature presented by the Didsbury Review. Dan and Janet Snyder are former Didsburians who are teaching at a mission school in Nigeria.



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FROM THE MAILBAG

Prairie farmers deserve more from minister Goodale

Dear Editor,

No special deals for the west says Goodale.

He doesn't think the West should be "hived off as a little and therefore less significant ghetto".

Ironically,

Those of us who are farming in the Canadian Wheat Board Act's "designated area" - Western Canada only have referred to our area as "The Ghetto" for years.

Goodale, Liberal Minister

responsible for the CWB monopoly is its' biggest fan.

A group of western farmers assisted by the Alberta Barley Commission fought and lost a Charter of Rights Challenge on the issue of discrimination. How could a Federal law apply to only one part of Canada, the Prairies, while farmers in the rest of the country were free to export, niche market or process their grain?

The court ruled Ottawa could discriminate because the Char-

ter did not protect any Canadian's economic or property rights from governments. Further, the courts stated that Western farm families were not truly captive to the CWB because we are free to leave the CWB "designated area", the ghetto.

In 1996, Goodale was advised by the Western Grain Marketing Panel, which he commissioned, to end the CWB ghetto.

He ignored it.

The Wheat Board has blocked several attempts by farmers to build flour mills and pasta plants. Goodale said nothing.

In 2000, a commission headed by former Justice Estey told the federal cabinet to end the CWB's grip over Western Canada's transportation system. Goodale fought that ghetto reform successfully in cabinet.

Thanks largely to Ralph Goodale tens of thousands of farm families are now exercising the one right they do have under his CWB monopoly grip. They're leaving.

That is tragic.

But that is the natural consequence of Goodale's paternalistic, stifling and prejudiced policy toward the West.

He's right when he says the West should be "players in the national scheme of things". We want to be treated evenly, fairly.

Full participants in national economic life. Cannot Mr. Goodale and the Federal Cabinet see they are not practicing this on the CWB issue?

Sincerely,
Jim Pallister
Portage la Prairie,
Manitoba

Rural Roots column

Beef is big business in Alberta

by Jack Hayden
AAMD&C President

Drive down most any Alberta road and you're bound to see cattle. Little wonder. Just over 60 per cent of Alberta farms have cattle, and Alberta has about 40 per cent of the total Canadian herd.

In fact, there are almost twice as many cattle in Alberta as people. Our total herd is over five million head. While a small portion of this total is dairy cattle—just under 140,000 head—the vast majority are beef cattle.

What all these numbers mean is that beef is big business in Alberta, and not just on the farm. Of course, it starts there. In fact, it started over a century ago with pioneers who discovered that Alberta was an ideal place to raise cattle. Today's farmers and ranchers use those same advantages. One of major assets is the land itself. Some 31 per cent of Alberta farmland is natural pasture. That means the land has never been cultivated for a crop. Its natural crop is grass and cattle, like the bison herds of the past, convert that grass into meat to feed people. Another nine per cent of Alberta farmland has been seeded to pasture grasses, so in total, about 40 per cent of Alberta farmland is pasture for livestock, and most of that livestock is cattle.

I could write a series of columns discussing breeding, genetics and the scientific research right here in Alberta that has produced Alberta Beef, a product with global recognition that every one of us can take pride in. However, most of you are probably more concerned about things like taste and nutrition. Well, Albertans all know that there's no beef like Alberta Beef. It's the combination of grass feeding and barley finishing that does the trick. And for all of us who are probably more fat-conscious than we used to be, beef is 50 per cent leaner than it was 20 years ago. If you'd like more consumer-type information about beef, try the Beef Information Center's website at www.beefinfo.org.

Back to beef as big business in this province. As Alberta's largest agricultural sector, beef

cattle production provides over three billion dollars in farm cash receipts annually. That's just on the farm. Off the farm, the cattle industry has a 4:1 economic multiplier effect. In other words, the three billion dollars that farmers receive turn into about \$12 billion in total economic activity across the province.

One of the sectors benefiting from this effect is food processing. Meatpacking is Alberta's second largest manufacturing industry. Our province is also home to two of Canada's largest beef processing facilities. This sector has grown substantially since the mid-1980s when about 40 per cent of all Canada's beef processing occurred here. Now nearly two-thirds of the national beef processing is done right here in Alberta.

We can't eat all this beef by ourselves (though some of us give it a noble effort). Less than 20 per cent of beef production

stays in Alberta; the rest is exported. A lot of it goes to other provinces. Our biggest Canadian customer, at 24 per cent of production, is Quebec. U.S. exports are another 28 per cent. The value of all exports is about \$2.5 billion. Organizations such as the Canadian Beef Export Federation are working on developing other markets. Predictions are that China may become an important destination for Alberta Beef.

All of this is something to think about the next time you see a cattle herd. And as the marketing campaign once boasted: "If it ain't Alberta, it ain't beef."

The Alberta Association of Municipal Districts and Counties (AAMD&C) represents Alberta's rural municipal governments. For more information about the association and its membership, as well as all the Rural Roots columns, see our website at www.aamd.ca.

Letters are welcome

Your comment on content or issues of interest to members of our community are welcome. All letters must be signed, (signature to be printed), include a phone number and address. All letters may be edited for brevity, clarity and libel.

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vs.

The Calgary Sea Hawks

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Health Authority 5

HA5 Board Meeting

The Board wishes to inform residents of the Didsbury, Carstairs & Cremona area that the next regular Board Meeting will be held in the Assembly Room in Continuing Care of Didsbury District Health Services on Wednesday, March 21, 2001. Please use the Unit 4 Continuing Care entrance.

An open question period will take place at 10:00 am, with public invited to observe the business portion of the meeting to follow. HA5 holds regular monthly Board Meetings, usually the third Wednesday of the month, at various locations within the Region. These meetings are always open to the public.

If you would like more information, HA5's toll free number is:
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• Landfill Site hours: Mon, Wed, Fri. & Sat. 1:00 p.m. - 4:45 p.m.	
• Library hours: Tues. - Sat. 10:00 a.m. - 5:00 p.m., Wed. 10:00 a.m. - 8:00 p.m.	• 335-3142
• Lions Recycling Centre	• 335-8193
• Chamber Office	• 335-3265
• Didsbury Aquatic Centre Schedule	• 335-8653
• Memorial Complex & Aquatic Centre	• 335-7369
• Rosebud Valley Campground	• 335-8578

NEW DEVELOPMENT PERMIT APPLICATIONS

The following Development Permits have been issued for the following proposed developments:

• DP 06-01	• 22 Julia Place	• Single Family Dwelling	• R1
• DP 13-01	• 2103-14 Avenue	• Veranda	• R2
• DP 15-01	• Westpoint Drive	• Single Family Dwelling	• R1
• DP 16-01	• Westpoint Drive	• Single Family Dwelling	• R1
• DP 17-01	• 101 Westpoint Bay	• Single Family Dwelling	• R1

Further information may be obtained at the Town Office, 2037 - 19 Ave. or by calling 335-3391. Persons wishing to appeal any of these decisions must do so in writing to the secretary, Development Appeal Board, prior to 4:30 p.m. on April 4, 2001. Robert Wieg - Development Officer.

TOWN OF DIDSBURY PUBLIC MEETINGS

• Regular Council: April 18, 2001	• Corporate Services: April 10, 2001
• MPC: March 28, 2001	• Community Services: March 27, 2001

ROAD BANS

Effective immediately,

until further notice, the Town of Didsbury will be putting 75% road bans on the following roads:

- 1 19th St. from 20th Ave. to 15th Ave. 2 15th Avenue 3 23rd Street

In the courts

College student found with drugs in dorm room

An Olds College student who was in possession of a large quantity of magic mushrooms faces probation and a fine.

Jeffrey Bussey, 21, pleaded guilty to trafficking in a controlled substance in Didsbury provincial court, Feb. 7.

After receiving an anonymous tip, college officials phoned RCMP who then searched his dorm room on Feb. 3, 2000 and recovered 283 grams of mushrooms cut into 30 gram lots, court heard.

RCMP also found 150 grams of mushrooms in his pockets during the search.

The accused was expelled from the college after the incident. Defence council argued that the accused had already payed as a result of his expulsion and had substantial support from his parents. Combined with a potential charter argument, the Crown and defence council agreed to a joint submission.

Judge Sandra Hamilton agreed that the consequences already experienced were satisfactory for the leniency of the joint submission.

"It's unfortunate you did not consider the consequences when you ran off on this criminal behaviour," said Hamilton. "It's fair to say you won't be part of the brain drain with the barriers (the United States) has set up."

The accused received a conditional sentence of one year to be served in the community as well as 150 hours of community service. The accused must adhere to a curfew of six p.m. to six a.m. and must pay \$100 into the victims' fine fund.

Con man collared

A man who ran a consignment business but kept some of the merchandise will go to jail.

Frank O'Brien, 60, pleaded guilty to three counts of theft under \$5,000. Court heard that in one instance the accused received a boat motor and trailer that sold for \$1,200 and returned only \$300 to the owner.

The second count was related to a John Deere riding motor which was to be sold for \$320. The accused kept the mower for personal use and never gave the owner any money, court heard.

The last incident occurred on June 8, 2000 where five lawn pieces were converted to the personal use of the accused. The items were worth \$464. Crown prosecutor George Coombs said that the accused had a history of shady dealings. "This man has had a long history of false pretenses and fraud," said Coombs. "Some may call him a con man."

The accused, who was already serving jail time in another matter, received an additional 90 days.

Woman drove away from hospital drunk

A Sundre woman who drove with a blood alcohol more than four times the legal limit has been fined and placed on probation. Allison Allithorpe, 43, pleaded guilty to driving with a blood alcohol level of over 80 mg per cent. The accused was found to have a blood alcohol level of 330 mg per cent in a breathalyzer test, court heard.

According to Judge Hamilton, this was the highest level she had ever seen.

Court heard that the accused went to Sundre Hospital with a friend on Nov. 19, 2000 and doctors noted that she had displayed gross signs of intoxication.

Despite warnings, the accused left the hospital and hospital staff subsequently called the RCMP. Defence council argued that the accused had to take her friend to the hospital and that it was poor judgement on her part.

Judge Hamilton told the accused that such a high breathalyzer reading should serve as a strong warning sign.

"A reading this high is usually a red flag to the court the you have developed a high tolerance for alcohol and probably have an alcohol problem," said Hamilton.

The accused was given 12 months probation and she cannot drive for one year. She must also pay a \$1,200 fine and a \$180 victims' surcharge.

Man pleads guilty to multiple charges

A 30-year-old man was fined for a series of crimes in the Olds area.

Earl Egerdeen pleaded guilty to driving with a blood alcohol level of over 80 mg per cent, possession of a controlled substance, possession of a prohibited firearm and mischief.

Court heard that the accused was charged Jan. 10, 2001 with possession of a small bag of marijuana with a street value between \$35 and \$50.

The driving with a blood alcohol level of over 80 mg per cent charge occurred on Aug. 19, 2000 in Innisfail.

The possession of a prohibited firearm charge occurred in an incident in Olds where the accused was found to be in possession of a BB gun which was in

violation of his parole restrictions after a number of car windows were shot out at RPM automotive in Olds.

The accused was charged with mischief July 21, 2000 after he was seen by CPR workers ripping off a crossing arm at a railway crossing in Olds. The arm cost \$300 to replace.

Judge Hamilton said she was unimpressed by the actions of the accused.

"You sound more like a 12-year-old rather than a 30-year-old," said Hamilton. "It looks to me like you're just a little out of control."

The accused faces 12 months of probation and a total of \$1,925 in fines.

"It looks like you have lots of paying to do for this stupidity," Hamilton told the accused following sentencing.

Old charges land man in jail

A man's criminal past caught up to him as he was sentenced to serve time on a number of charges.

Barry Rosenau, 31, pleaded guilty to a series of crimes dating back to 1997 in Didsbury provincial court.

The accused faced charges of theft under \$5,000, failure to appear in court and two counts of mischief.

The theft charge was related to a stolen Chevrolet truck from Nov. 28, 1997 taken from Carstairs.

The mischief charges resulted from an incident on Dec. 15, 1998 in Carstairs where the accused was arrested after smashing a window at the Town Office as well as the window of a nearby automobile. Judge Hamilton sentenced the accused to 90 days in jail for the assorted crimes and ordered him to pay restitution for the stolen truck totalling

\$447.83.

Man violated court order

A Sundre man who refused to obey court not to drink liquor has been ordered to complete 100 community hours. Steven Bysterveld, 28, pleaded guilty in Didsbury provincial court on Monday to a charge of breach of probation. The accused was found passed out drunk in the basement of a Sundre-area residence on Feb. 4 after police received a telephone tip. Crown prosecutor Lee told Judge Cioni. The ac-

cused was ordered not to touch liquor following a conviction for an unrelated matter in December 2000, court heard.

"I find it serious to the community," said Judge Cioni.

The judge handed Bysterveld a one year suspended sentence, including an order that he complete the community service hours. "I hope it reminds you of your community duty," the judge said. "You'll spend your own time putting something back into the public realm."

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April 6, 2001
(Trade Fair Weekend)

Cocktails	6:30 p.m.
Dinner	7:00 p.m.
Performance	8:00 p.m.

Tickets Available @ Mountain View Sports \$20 ea.

Didsbury Minor Hockey Annual Meeting

March 29, 2001, 7:00 p.m.
to be held in the upstairs lounge @
the Curling Rink

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Presents Our 6th Annual

FUN MONEY CASINO

Saturday, March 31, 2001

Cocktails: 6:30 - 7:30 p.m.
Casino: 7:30 - 11:00 p.m.

Prize Auction to follow Midnight Lunch

Tickets \$12.50 per person
\$25.00 per couple

For Tickets Call:

Ian-----335-4288	Sandi-----335-4465
Shawn-----335-3694	Sherry-----335-9347
Bill-----335-8582	

\$100 DOOR PRIZE

Mountain View Credit Union expansion being considered

by Dan Singleton

Mountain View Credit Union assets increased by more than \$37 million last year, rising from \$121.7 million in 1999 to almost \$160 million in 2000, according to the organization's annual report.

Much of the increase came from the \$20.2 million purchase of Bank of Montreal branches in Carbon and Morrin in April and May 2000.

"We had another excellent year," said General Manager Norris Thompson.

The Credit Union has branches in Olds, Sundre, Didsbury, Cremona, Beiseker, Carbon and Morrin. Its 24th

annual general meeting was held in Carbon, east of Carstairs, on March 21, with 270 people attending.

The board of directors is Charles Van Arnham (pres.), Neil Vanderzwan (vice pres.), Otto Hoff, Dorothy Moore, Grant McIntosh, Kevin Humphrey, Richard Ross, Larry Umbach and Vance van Dam.

The Credit Union has 56 employees, and an increase of 1,042 membership in 2000. Total membership now stands at 12,681.

According to the organization's 24th annual report, operating expenses increased last

year, rising from \$3,391,879 in 1999 to \$4,067,428 in 2000.

The Credit Union posed earnings of \$1.25 million before patronage allocations and income tax in 2000.

The board declared a nine per cent common share dividend, a patronage rebate of three per cent on loan interest, and a patronage bonus of three per cent on deposit interest.

Dividend and patronage payments totaling \$731,411 were credited to common share accounts on Nov. 30, 2000.

During the fiscal 2000 the Credit Union processed 3,063 loans totalling \$76.6 million

and 194 applications were rejected.

"We continue to look at new communities to include in the Mountain View family," President Van Arnham said in the annual report. "We continue to look at new and innovative products and services to better meet your needs."

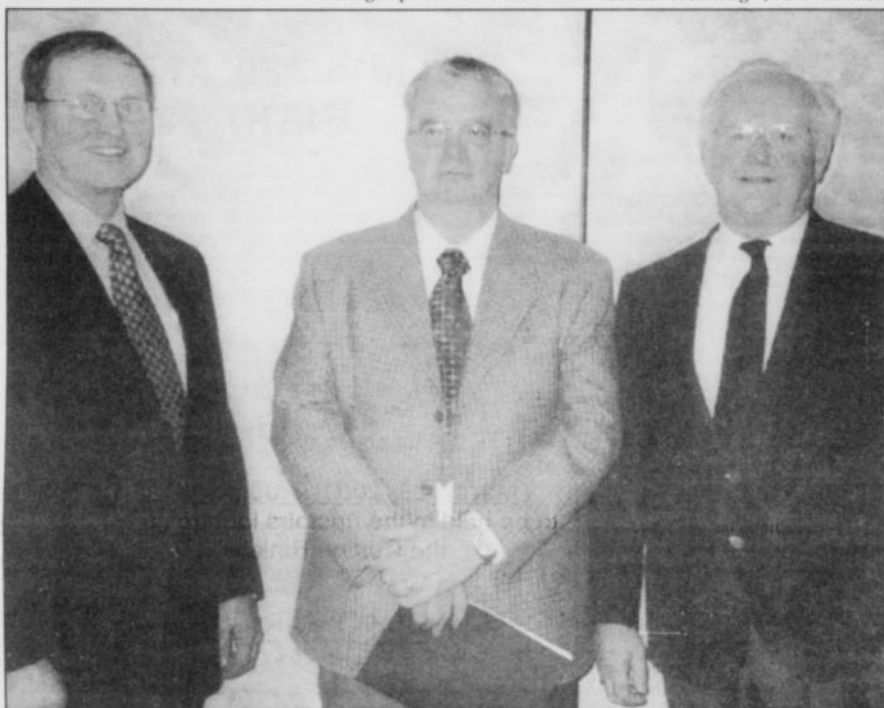
"The challenge for all of us is to manage the changes that are coming in the way that best serves you, our members

and Mountain View Credit Union."

General Manager Thompson said the Credit Union is considering another expansion either in 2001 or 2002.

"Crossfield will be under consideration this year," said Thompson.

In 2000, the Credit Union donated to more than 20 community organizations in Olds and more the 10 in Sundre.



Newly elected Credit Union director Grant McIntosh (l) joins returning directors Kevin Humphrey and Neil Vanderzwan at the annual general meeting, March 14. Credit Union directors serve three years on the board.

NOTICE

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PUB NIGHT

Theatre Didsbury presents

"Run for Your Wife"

A Farce
by
Ray Cooney

Saturday, March 31, 2001
Didsbury Memorial Complex
Multi Purpose Room

Doors Open: 6:00 p.m.
Show Time: 8:00 p.m.
\$10/person

First Come First Served

THANK YOU

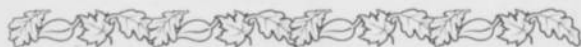
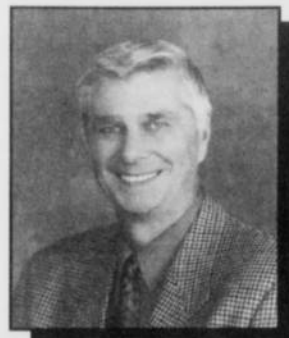
I WOULD LIKE TO THANK ALL OF YOU WHO VOTED ON MARCH 12 AND WHO PUT YOUR TRUST IN ME FOR A SECOND TERM IN THE LEGISLATIVE ASSEMBLY OF ALBERTA.

CONGRATULATIONS TO THE CAMPAIGN TEAM OF LINDA BELL, MERILYN TETZ, BILL ANDERSON, HAROLD GORDONIER, LEN SCHAFER, DOUG WAGSTAFF AND THEIR FAMILIES AND THE MANY OTHER VOLUNTEERS, FOR THEIR DEDICATION, HARD WORK AND PATIENCE AND FOR RUNNING A VERY RESPECTFUL CAMPAIGN. ON BEHALF OF OUR TEAM AND MYSELF I WOULD LIKE TO COMMEND THE OTHER CANDIDATES FOR PUTTING THEIR NAMES FORTH AND PARTICIPATING IN THE DEMOCRATIC PROCESS.

I ALSO THANK ALL THOSE WHO SUPPORTED US WITH THE RESOURCES, TIME, LABOR, WORDS OF ENCOURAGEMENT, AND YOUR PRAYERS.

MOST OF ALL I THANK MY WIFE JANIS AND OUR FAMILY FOR STANDING BY ME THESE LAST FOUR VERY BUSY YEARS, ESPECIALLY JAN'S MOTHER AVONNELLE FOR HER DEDICATION AND SUPPORT.

I LOOK FORWARD TO SERVING YOU FOR THE NEXT FOUR YEARS, WHICH I AM CONFIDENT WILL BE A VERY POSITIVE FUTURE.



TREE TIP

Pruning for Shelter??

The best way of maintaining your farm shelterbelt should involve the selective pruning of branches or removal of quick growing trees that are interfering with the growth of more valuable, longer lived species. For example, poplar trees are often planted too close or allowed to grow into evergreen trees. When this happens, the lifespan of conifers is diminished and the value of the trees for shelter is decreased. Early pruning and removal of fast growing trees will foster a healthier, longer lived shelterbelt. We are fully equipped to take care of any type of tree in any type of situation.

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Lifestyles

Features • Community Clubs • Religion • Local Personalities

Didsbury hospital workers train with STARS

Local hospital staff get hands on experience with a state-of-the-art patient.

by Shelley Brolsma

The entire gamut of medical and emergency workers at the Didsbury Hospital had the chance to receive realistic on-the-job training thanks to a special Shock Trauma Air Rescue Society (STARS) unit that pulled into town Monday.

The Human Patient Simulator is a one-of-a-kind training program to North America that allows medical professionals in rural centres with a true-to-life, non-threatening environment to study cases involving trauma, cardiac and respiratory distress.

Team Leader Bonnie Sproule says the key to the success with the program to date is a realistically-fabricated mannequin installed in the motorhome affectionately referred to as "Stan".

Stan helps bring to life the familiar "code room" for medical staff. STARS is able to bring training to health care professionals who might otherwise be faced with the barriers of distance from teaching centres, as well as the inability to leave the community at regular intervals to train.

"Stan adds an invaluable component to what the workers are doing here in this unit. He not only talks and responds to therapy, but also provides valuable clues as to mysterious ailments or injuries. He is, on occasion, even able to die and come back to life."

- Bonnie Sproule,
Team Leader

"Stan adds an invaluable component to what the workers are doing here in this unit. He not only talks and responds to therapy, but also provides valuable clues as to mysterious ailments or injuries. He is, on occasion, even able to die and come back to life," explains Sproule.

"...Each group (nurses, physicians, EMT's, etc.) that come in here spends an hour and a half working on Stan.

"It helps them be aware of what can actually happen out there and how they can facilitate the best care possible until a STARS unit is available for transport."

But Stan doesn't carry the entire experience himself.

The lasting impressions are often those of a renewed appreciation of individual expertise and an even stronger level of teamwork.

"The Program doesn't focus on evaluation, but instead on the promotion of excellence in patient care," said Sproule.

"Both those participating and those delivering the program learn from each other's unique experiences and problem solving approaches."

Program founding sponsors include: Lockerbie and Hole, Lions Multiple District 37, and METI.



Didsbury Hospital workers got to work on "Stan", an automatized dummy owned by STARS used for training purposes.

HA5 celebrates International Year of the Volunteer

The United Nations had declared the year 2001 International Year of the Volunteer (IYV). Over 7.5 million Canadians volunteer, helping their fellow citizens enjoy a better quality of life. In virtually every organization, from the largest hospital to the smallest social agency, volunteers contribute to our ability to achieve our mission and vision.

In HA5 we have over 600 volunteers devoting their time and talents to others. At an average of 200 hours of unpaid service per volunteer, HA5 residents donate over a million dollars of unpaid service alone.

"Without volunteers, a large portion of our programs wouldn't exist, they're a vital part of our organization," said Al Martin, HA5 CEO. "We're striving to not only meet the needs of our residents, but to

enhance their quality of care and improve the well being of our communities. Volunteers complement the services our staff provide and help us offer a higher quality of care. We need to get involved in International Year of the Volunteer and recognize the contributions volunteers make to our organization."

On December 5, 2000, Volunteer Canada launched a social marketing campaign using the key phrase, I Volunteer.

"The campaign invites us all to think about why we volunteer," said Terry Peterson, HA5 board chair. "This provides a perfect lever for us to ask and listen to our volunteers. We need to talk about our volunteers, thank our volunteers, highlight their contributions and most of all, let them know they're appreciated. We just don't say thank

you enough."

HA5 is taking the opportunity to thank our many volunteers by inviting those who lend their time and talents to special celebrations throughout the Region. Dates and times of the celebrations are as follows; Drumbheller District Health Services will be hosting their event on March 29 at 7:00 p.m. at the Rosebud Theatre. Both Hanna and Strathmore District Health Services will be hosting their celebrations on April 5. Hanna's event will take place at 2:00 p.m. in the dining room at the hospital, while Strathmore's event will take place at Strathmore Golf and Country Club at 7:00 p.m. that evening. Three Hills District Health Services will be offering an evening celebration on Wednesday, April 25 in their facility, while Didsbury is planning their celebration for

Thursday, April 26 at 2:00 p.m. at the local 5-0 Club.

The time and dedication put forth by our volunteers is help-

ing us to reach our vision of a society of healthy individuals and communities. We just don't say thank you enough.

"We bring comfort and care to the community"

- ARP Pharmacists

ARP PHARMACY

over 25 years

DIDSBURY DRUGS 335-3066

Words from Westglen

Magazine sales wrap up at Westglen

By Jessica Romanow

This year's annual magazine campaign has finally come to an end. Westglen brought in hundreds of subscriptions. The school raised \$5000.00 dollars from magazine subscriptions and \$800.00 dollars from selling The Didsbury Review. This money will go directly back into the school for various school activities. Congratulations to Jan Milne who won the Stereo, Heather Herold winner of the \$100.00 dollars from the bubble gum pot, Steven Block who won the Taz and to everyone else who won.

Basketball season has now finally been completed. The boys and girls A team played very well this season. The boys won the division championships in a game against Olds. The girls' team made it to the semi finals but lost to Olds in a very close game of 20-18.

Starting in the following weeks will be badminton coached by Mr. Overguard and Mr. McCargar.

The grade 6, 7 and 8 concert bands visited the Kiwanis Music festival last week. All 3 bands played exceptionally and received First Class Honors under the direction of Ms. Heather Stockley. The grade 7 and 8 French classes also participated at the festival under Mrs. Israleson's direction.

The grade 7 and grade 8 class received first class honors. The other grade 8 class received honors. The Jazz Band will also be performing at the festival.

Last Thursday the grade 8 classes participated in a curling bonspiel in the afternoon. Thanks to Ms. Aggarwall and Miss Million for putting together this activity for the grade 8 students.

The annual ski trip had to be cancelled due to lack of participation. The next WOW committee activity is Shamrock Day.

There will be no school on March 23. Report cards are to go home on March 16.

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LIFESTYLES

Focus on
the Family

QUESTION: Tell me why it is inevitable for couples with good marriages to go through "flat spots" or "the blahs," and can you offer more advice about what to do when those times come?

DR. DOBSON: Romantic love is an emotion, and as such, it has a way of coming and going. It tends to oscillate from high to low to high, etc.

One of the best ways to regenerate "that lovin' feeling" in the down times is to talk about the time and place when passion ran high.

Do you recall those days when you just couldn't wait to see each other, and how each minute away seemed like an eternity?

Recalling those moments together is one way to regenerate what you felt before.

Even better than talking about them is re-experiencing them.

My wife and I celebrated a recent wedding anniversary by exploring what we called our "old haunts."

On a single evening, we went to the Pasadena Playhouse, where we had our second date; we ate at the same restaurant for dinner.

The next week we visited the Farmers' Market, where we used to stroll on a lazy summer evening. We talked about warm memories and relived the excitement of those days. It was a wonderful reprise.

Another suggestion is to return regularly to the kinds of romantic activities that drew you together in the first place.

You need to put some fun and laughter into your lives, which otherwise can get dreary and oppressive. A few years ago, Shirley and I found ourselves in that kind of situation, where we had almost forgotten how to play.

We finally got fed up and decided to do something about it.

We loaded the car and headed for a winter wonderland in Mammoth, Calif.

There we spent the weekend skiing and eating and laughing together. That night we built a fire in the fireplace and talked for hours while our favorite music played on the stereo.

We felt like kids again.

The next time you feel that you're losing that closeness you once shared, try talking about your memories of earlier days and revisit the old haunts, sing the old songs, tell the old stories.

It's the best bet to rekindle the sparks of romance that first drew you together.

To keep a marriage vibrant and healthy, you simply have to give it some attention.

Water the plant, place it in the sunlight, and it will grow. If you put it in a cold dark corner, however, it is likely to die.

With a little effort and creativity, you can keep the fireworks in your marriage ... even when the Fourth of July has come and gone.

QUESTION: I find I'm more likely to say "no" to my children than to say "yes," even when I don't feel strongly about the permission they are seeking. I wonder why I automatically respond so negatively.

DR. DOBSON: It is easy to fall into the habit of saying "no" to our kids: "No, you can't go outside." "No, you can't have a cookie." "No, you can't use the telephone." "No, you can't spend the night with a friend."

We could have answered affirmatively to all of these requests, but chose almost automatically to respond in the negative.

Why? Because we didn't take time to stop and think about the consequences; because the activity could cause us more work or strain; because there could be danger in the request; because our children ask for a thousand favors a day and we find it convenient to refuse them all. While every child needs to be acquainted with denial of some of his or her more extravagant wishes, there is also a need for parents to consider each request on its own merit. There are so many necessary "no's" in life that we should say "yes" whenever we can.

Around the Circle

Blind hockey team in Didsbury

by Marge St. Clair

Thursday, March 22 - at 12:00 noon sharp at Brown Bag Theatre at the Didsbury Library we will travel on Colorado's Narrow Gauge Railroads. Mark has done such a wonderful job of showing us many worldly places this past two months, we really have enjoyed it all Mark!

Thursday, March 22 - The Fibromyalgia Support Group will hold their monthly meeting at the Presbyterian Church in Olds at 7:00 p.m. Pharmacist Ron Reist, from Olds Value Drug Mart, will be the guest speaker. Everyone is welcome.

Saturday, March 24 - There is a cribbage tournament tonight at the Didsbury Elks Hall with play starting at 7:30 p.m. Please phone Jim or Sharon at 335-3481 to pre-register.

Saturday, March 24 - The Lions Club have invited the Calgary Sea Hawks (a blind hockey team) to play against Reimer's Red Army hockey team at 9:00 p.m. at the Didsbury Arena. Donations for the Food Bank accepted for your admission. More information by calling Allen at 335-4796.

Mountain View Bridge Club will give a series of Lessons in Bridge for beginners and intermediate players. Please phone Don (335-3019) or Allen (335-4796) for times and more information.

The Didsbury Chiefs hockey team will hold their 8th Annual Cabaret on Saturday, March 24 at the Didsbury Complex at 8:00 p.m. Tickets can be obtained by phoning 337-4080 or 335-8484.

Hours at the Didsbury Museum are from 1:00 p.m. - 5:00 p.m. Fridays and Saturdays, or any other time by appointment by phoning Marg Weaver at 335-4245 or Jim Neis at 335-3133.

Sunday, March 25 - The Annual Ham Dinner will be held at the Redeemer Lutheran Church from 3:00 - 6:00 p.m. Everyone is welcome, and more details by calling the church office at 335-3161.

Monday, March 26 - St. Cyprian's A.C.W. will meet at

the Church Hall at 1:30 p.m. New residents to town and district most welcome.

Wednesday, March 28 - The Didsbury Curling Club will hold the Annual General Meeting tonight starting with a pot luck supper at 6:00 p.m., with the meeting at 7:30 p.m. All members are urged to attend.

Thursday, March 29 - The Didsbury Minor Hockey Association will hold their Annual Meeting in the Curling Rink Lounge at 7:00 p.m. All parents are urged to attend.

Saturday, March 31 - The Pathfinders and Rangers of the 1st Didsbury Girl Guides are having their spring fund-raiser today.

They will be selling three

types of pizzas at the Train Station. Please order by phoning Shelley at 335-3793 to pick up at the Train Station after 12:00 noon. They are excellent pizzas!!

March 30, 31, & April 1 - The Alberta Provincial Elks Darts Championships will be held at the Didsbury Elks Hall. More details by phoning Ernie at 335-4057.

Saturday, March 31 - St. Hilda's Chapter, Order of the Eastern Star is presenting Theatre Didsbury's production of "Run for Your Wife" at their dinner theatre at the Memorial Complex.

Tickets by phoning Birgit Due at 335-3680 or Marg Allison at 335-8339.

MOUNTAIN VIEW FUNERAL CHAPELS
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Where: Carstairs Community Hall
When: Saturday, March 31, 2001

Public Viewing of Auction Items: 1:00 - 4:30 p.m.

Banquet and Program: 5:00 - 7:15 p.m. (reservations required)

Auction: 7:15 - 9:30 p.m.

Banquet Tickets: \$7.00 in advance

To reserve banquet tickets: Call 556-4038 (seating is limited)
For Auction Details: Contact Elsie @ 337-2101 or Sandi @ 337-2222

OLDS KOINONIA CHRISTIAN SCHOOL

CHURCH DIRECTORY

The REVIEW is pleased to provide this Church Directory as a community service

Anglican Church of Canada St. Cyprian's

2037 - 24th Ave. Didsbury 335-4664

New Office hours are Wed. & Fri. 10a.m. - 4p.m.

In the event of a Pastoral care situation, call the number provided for the Priest. Sun Worship

Services, 10:30a.m. Holy Eucharist, Wed. 9:30a.m.

Morning Prayer, or Holy Eucharist, Sunday

School, 10:30a.m., Sept.-June. Interim Priest,

Rev. John Gohler, B.A., L.Sc., M. Division

"St. Cyprian's Welcomes You"

Chinook Winds Christian Centre

1710 - 14th St. Didsbury

SUNDAY CELEBRATION: 10a.m.

Prophetic Worship and Bible Teaching

for all ages - Nursery Service

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ph/fx: 335-3551 email: cwc@ccnet.ab.ca

Call 335-3323 for Open Sky Learning Centre

Pastoral Team: Richard & Beth Kope

See you at the centre!

Fortress Baptist Church

Meeting at the Didsbury Train Station

(SW entrance facing businesses)

Pastor Jim Warkentin - 335-4878

Sunday Worship Service 11:00a.m.

Evening Worship 6:00p.m.

Meet you at the Station.

St. Anthony's Catholic

2030 - 24th Ave. Didsbury Phone 556-3084

Mass Time: 7:00p.m. 1st Saturday

Bergthal Mennonite Church

Didsbury, Alberta

8km South of the Didsbury overpass

8km East on Bergthal Rd.

Sunday School for all ages 9:45a.m.

Regular Service @ 10:55a.m.

Worship Service @ 10:45a.m.

Children's Church (ages 3 - grade 3)

For more information ph. 335-4451

Redeemer Lutheran

LUTHERAN CHURCH CANADA

1500-23rd

Rev. Robert Mohs

Church: 335-3161 / Res. 335-3656

Sunday School: 9:30a.m.

Adult Bible Study Sunday: 9:30a.m.

Worship: 10:30a.m.

Holy Communion 1st & 3rd Sun. 10:30a.m.

Jr. & Senior Youth, Women's & Seniors

Ministry Group, Small Group Bible Study meetings

throughout the week.

Knox United Didsbury

Didsbury Pastoral Charge

Minister Rev. Malcolm Proffitt

Office: 335-8373 Mavis: 335-8375

Sunday Worship and Sunday School

10:00a.m. Each Sunday

Mountain View

Evangelical Missionary Church

(14km East of Didsbury)

Pastor John Lucas

Office: 335-4422

Home: 335-8923

Sunday School for all ages 10:00a.m.

Worship Service 11:00a.m.

For info. Concerning weekly activities

please call the Church office.

Zion Evangelical Missionary

Church

2030-21st Ave

Phone: 335-3679

Grant Sikstrom, Senior Pastor

Josh Munson, Associate Pastor

8:45 - 9:45a.m. Celebration in Worship

11:15a.m. - 12:30p.m. Celebration in Worship

10:00 - 11:00a.m. Sunday School for all ages

Contact the Church regarding Bible studies, Care

Groups, Teen Activities & Children's programs.

West Zion Mennonite Church

South of Didsbury to sign - West 1 1/2 miles

Pastor Jim Miller, Info: 337-2022

Sept. 1st - June 20th

Sunday School - 10a.m.

Worship Service - 10:55a.m.

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See You in Church This Sunday!

Faces

a brief glimpse at people and events in our community

Compiled by Shelley Brolsma

Silly Syl, the Clown that Will!

"It's all in your attitude!" At least that's how Didsbury newcomer, Sylvia Davis describes the talent needed to bring "Silly Syl" to life. That, and a niece who was the first to cleverly coin the name for her Aunt back when Davis was still living in Prince Edward Island.

The concept behind her clowning profession began about eight years ago when Davis wanted to plan something a little out of the ordinary for her husband's 50th Birthday. "I dressed up like a clown as a joke. He was so surprised...along with everyone else there....," says Davis. But it didn't take long for the novelty of Silly Syl to catch on as soon Davis was kept busy doing family anniversaries and birthday parties.

Since moving to Didsbury in August, Davis decided to continue to promote her services with an expanded version of her earlier handle: "Silly Syl, the Clown that Will". "It just kind of let's people know that I'm there for them; dependable....," explains Davis. Although Silly Syl does not typically parties for young children, she will attend just about any other variety of celebration for the young at heart including anniversaries, office parties, and birthdays. "I once did a sort of unique prank for someone's birthday who is a fireman. I dressed Silly Syl up in a firefighter's uniform and popped out of a cake. It was great fun...."

Anyone in need of a little cheering up can call Silly Syl at 335-9620.



Sylvia Davis



Silly Syl performs at all kinds of events, from anniversaries to birthday parties.

Call before you Cut!

For Trees Warmer temperatures are luring more and more Didsburians outdoors to survey the season's yard work that lies ahead. Gerard Fournier of For Trees knows too well the damage even the most well-intended gardeners can do - especially to their trees!

"One of the biggest mistake people do when it comes to pruning their trees in the spring is trimming in the wrong places or taking off too much," says Fournier. "You have to understand how the tree grows and the what the proper way is to trim a tree before you even begin the job."

Since starting his company a year ago with Joelle, Fournier says business is busier than ever. Along with offering his services as a tree pruner he also undertakes a variety of landscape consulting, design and installation, tree removal, stump grinding, tree planting, and mulching tasks both large and small. "We do a wide variety of work...anything from residential to municipal properties to farms and acreages."

In addition to the expert advice and service For Trees offers, Fournier's company has recently expanded further and now includes all the plantings available at his tree farm located just off 15th Ave. in town.

Among the most popular varieties of trees Fournier receives requests for include: Colorado Blue Spruce, Ornamental Schubert Choke Cherry, and the ever-popular pink flowering shrub; the Double Flowering Plum and Pottentila Pink Beauty (which, incidentally, has yellow flowers). "We get a huge run on those every season...you can't find them anywhere by the time summer rolls around."

Anyone wishing the services of a Certified Arborist, Horticultural Technician, and Journeyman Landscape Gardener (to name a few), can call Gerard Fournier at For Trees for expert advice before pulling out the pruning shears!



Gerard Fournier



Rochelle Byiers

Girl Guides make Pizza to Go!

Supper is going to taste great March 31st at the Didsbury Train Station. That's when the Didsbury Girl Guide and Ranger groups will be selling their freshly-made pizzas to take home and pop in the oven.

Organizer and President, Rochelle Byiers says the drive is all part of a fundraiser they are doing right now to help send the girls off to destinations like the East coast, Switzerland, India and Mexico to undertake a projects. "It's really great experience for the girls to get out there and what life is like in another part of our country, or even overseas. It's definitely a once-in-a-lifetime kind of trip."

This isn't the first time Guides and Rangers have treated the community to reasonably-priced Hawaiian and Pepperoni delights. Byiers says it's typical for the Pizza sales to take place twice a year. The last one was in November.

Anyone wishing to pick up a pizza from the Guides and Rangers can do so between 9 am and noon on Saturday, March 31st., or by calling a member directly.

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LIFESTYLES

There is life after depression in the workplace

Statistics Canada reports that the annual cost of work time lost due to stress is \$12 billion. Long working hours, ambiguity, lack of support, job insecurity and an inability to participate in decision-making can all create stress. For some people, stress can result in health problems such as anxiety disorders, back and neck pain and headaches. If stress lasts for too long or if it gets out of control it can lead to depression, a mental illness. For the past five years, according to Alberta Health disorders like anxiety, stress and depression have been the top reasons for doctor services in Alberta.

"With the pace of life, and the demands the work environment places on you, you just don't have enough resources," says Elizabeth McLennan, a successful professional who was diagnosed with depression in 1996.

At work Elizabeth was a good manager who effectively keep their private struggles hidden from her

colleagues. "I limped along," she says. "I delegated well." "I had trouble remembering things, so I wrote everything down," she explains. "I had no self-confidence, no energy and in meetings where I used to speak up a lot I started to just sit back."

Elizabeth did get the help she needed eventually. She says she initially resisted medication, "Because, like everyone else, I thought I should be able to get through it. And I suffered for years."

At the time she was diagnosed, Elizabeth was working as a director for a company in Edmonton. She had not taken a holiday in years, and had "banked" many weeks of vacation time, which allowed her to spend the summer at home. But many more months of healing were required before she could comfortably return to work. While Elizabeth tried to focus on getting well she remained concerned about her job. She talked to a staff member in her company's human resources department. "They said, 'your job is just to get well' - and told me not to worry about my position. I wish I had talked to them earlier."

In the end, Elizabeth decided that she needed to make significant changes to her lifestyle. She started to work as a freelance consultant, and began to build a richer, more rewarding and happier life. She recently moved to Calgary so she can be near her family, but she

continues to work for Edmonton-based clients as well.

One in three Albertans will suffer from a stress-related mental disorder in their lifetime. To help prevent mental illness, people can work to manage their stress levels, live a healthy lifestyle with plenty of exercise and maintain healthy, supportive relationships with others. Most people who develop mental illness find problems stem from several areas such as relationships, finances and work issues. Employers can help alleviate workplace stress by involving employees in decision-making. Jobs should be meaningful, stimulating and provide opportunities for people to use their skills and knowledge. Also, employers should help their staff balance work and home schedules when possible. By fostering a healthier work environment, organizations can help conquer the number one health disability in Canada - mental illness.

The Alberta Mental Health Board works to preserve and restore mental health and to prevent mental illness whenever possible. Mental health services are free of charge to consumers and are provided through over 70 community clinics, a telepsychiatry service, four specialized hospitals and partnerships with 200 funded agencies. The Board also works closely with Regional Health Authorities and physicians throughout the province.

Bancroft Women's Institute Institute donates kitchen equipment to Midway School

Elsie Brander hosted the March 12 meeting of the Bancroft Women's Institute. In honour of St. Patrick's day members wore green and sang "My Wild Irish Rose".

This season's card parties were well attended. A special 'Thanks' goes to Fen and Bill Purves-Smith who provided wonderful 'grand prizes at the final party, February 23. Grand Prize winners were: Crib - Eddie Olhausen and Arnold McCulloch, consolation Jim Lore.

Whist - Eva Page and Elsie Brander, consolation Gladys Dowell.

Unused quilting material has been passed on to Esther Goertzen and her Bergthal quilting group. A donation of kitchen equipment has been made to Midway School in appreciation for the use of the school for the series of card parties.

Joan Patterson and Pat Vantetering reported on the District 5 meeting held in Olds March 10. The Alberta Women's Institutes conference will be held at the Norseman Inn, Camrose on May 29 to 31.

Susan Page presented a very interesting and timely paper on "water, Our Most Precious Resource". Water pollution comes from urban, rural and industrial sources. Modern farming practices are being geared to prevent pollution to preserve precious water resources.

For a bit of fun, June Lore and Elsie Brander shared a number a humorous limericks. The hostess tea prize went to Susan Page. Catherine McNaughtan and Joan Patterson supplied a lovely lunch.

Next meeting will be held at the home of Jean McCulloch, April 9. Visitors welcome!

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Entries will be judged by BASF Canada, manufacturer of ASSERT herbicide, and representatives from newspapers across Canada. Finalists will receive an ASSERT Good Guys Certificate. The ASSERT Good Guy who is judged to be the most special will receive \$1,000 to be used for a worthy community initiative or a favourite charity.

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240 Holiday Inn Drive, Unit Z
Cambridge, Ontario
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or Email it at: www.agsolutions.ca

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5. Entries must be received by April 30, 2001.

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Epilepsy Canada launches information campaign

In March 2001, National Epilepsy Awareness Month, Epilepsy Canada will be launching an awareness campaign among the general public to demonstrate the importance of knowing more about epilepsy, in order to help those living with epilepsy and their loved ones. The organization, headquartered in Montreal, believes that the only way to demystify this neurological disorder and to eliminate the persistent prejudice about those suffering from epilepsy is to provide more information about epilepsy.

Epilepsy Canada's campaign theme is "Bringing epilepsy out of the shadows". Attention grabbing, optimistic and colorful, the campaign intends to encourage the public to talk about epilepsy. It asks those living with epilepsy to come out of the shadows by displaying their talents, making their dreams come true and breaking the silence about this invisible neurological disorder that creates so much discrimination. In turn, this will help a greater and greater number of people with epilepsy to come out of their own shadow.

The month of March signifies the beginning of springtime, a time of renewal and of hope. In Epilepsy Canada's concept of awareness, a flower blooming in the springtime after winter's lethargy illustrates the idea of the passage from the shadows to the light or from silence to action.

The slogan was adapted from the International Bureau of Epilepsy, International League against Epilepsy and World Health Organization global campaign against epilepsy. This campaign was formally launched in Geneva in June 1997 and in Dublin in July 1997. A second-stage launch occurred in April 2000. At a meeting in Los Angeles on December 1, 2000, leaders of North American professional and lay bodies, including representatives of Canadians with epilepsy, as well as World Health Organization representatives and health experts from governments and universities unanimously adopted a declaration to bring epilepsy out of the shadows. They called on governments, private organizations, care providers and other concerned individuals to provide uniform access to optimal care, including specialized centers and surgery where medically indicated and to improve training in epilepsy for specialists, primary care physicians and other health workers. They demanded co-operation to ensure that people

with epilepsy and their families are fully informed about the disorder and to educate teachers, employers and the public about epilepsy, in order to reduce stigma and prejudice. They asked for promotion in the collection, analysis

and interpretation of data necessary to implement and evaluate public health programs related to epilepsy as well as an increase in basic and clinical research funding for epilepsy. Finally, they emphasized the importance of taking

advantage of recent advances in neuroscience to prevent, treat and ultimately cure epilepsy.

In addition to reflecting Epilepsy Canada's mission, which is to improve the quality of life for those living with epi-

lepsy, the advertisement aspires to pursue the most difficult of goals to achieve: eliminating the taboo and mysterious silence surrounding epilepsy and inviting people to help fund epilepsy research. For many people living with

epilepsy, new medications can help them to come out of the shadows to lead a more active life. Funds for research are of great importance considering the fact that in more than 75% of cases of epilepsy the cause remains unknown.

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Qualified high school students are offered a unique opportunity to spend an academic semester, year or summer holiday in Europe, Asia, North or South America, New Zealand, Australia or South Africa as part of the World Heritage exchange program.

Students, 15 to 18 years old, qualify on the basis of academic performance, character references and a genuine desire to experience life abroad with a volunteer host family.

World Heritage families abroad are carefully screened to provide a caring environment in which

students can learn the language and culture of their host country. Summer exchange students live with families abroad who usually speak some English. Year long students need not have learned the language of the host country as they receive language and cultural instruction as part of the World Heritage program. World Heritage students attend high school classes along with their new friends.

The World Heritage organization is dedicated to promoting closer ties of friendship between the participating countries by fostering intercultural un-

derstanding through youth exchange programs.

World Heritage also provides international opportunities for families to host students from Germany, Mexico, Brazil, Japan, Spain, Portugal and France. These select students are 15 to 18 years old and will attend the local high school for an academic year.

Students or families interested in more information about World Heritage programs, or to set up an interview, should contact Angela at (705) 745-4147 or Mary at 1-800-888-9040 www.worldheritage.org.

Ross Ford Report

Grade 1 class learning about penguins and their habitat

by Yasmine Voegeli & Ashley Nussbaum

The Students at Ross Ford are loving the warm weather.

The playground puddles are drying up, so our parents should be happy about that.

Mrs. Hohenwarter's 1C class is full of penguins as they have just started to learn about them. One of their

favorite activities was when Mrs. Hohenwarter got lost. The students used their paper tube "spy glasses" to follow the trail of penguins to the habitat where they found Mrs. Hohenwarter. In Math Mrs. Hohenwarter's class is learning about shapes. This class is also working on their reading and writing, and Mrs.

Hohenwarter told us "they are very good at it."

In Ms. Powell's Grade 1 class they are also studying penguins. The Macaroni Penguin is a favorite of this class. Ms. Powell's class is also working on their reading and spelling.

We hope you all are enjoying the nice weather as much as we are.

Mount View Lodge news

Warm march weather makes lodge activities better

By Annie Caush

Hi all!
Is spring really here? It sure feels like it. Beautiful weather for March. It sure has helped for some of our special activities.

In case you haven't heard we had a special birthday here last week. On March 4 our oldest resident, Gladys Smith was 100 years young! She celebrated with a family dinner that day but on last Saturday she had an open house here at the Lodge. At least 70 people besides Lodge Residents signed the guest book. The entertainment was provided by Rod Stafford-Mayer and Ann Marie Brown singing for us. Some auxiliary members assisted Lodge Staff serving Birthday cakes donated by the Olds Co-op

and Olds Garden Market I.G.A. Flowers were donated by Central Alberta Florists. We would also like to thank Radio Shack for a "quick fix" on our microphone. Some Lodge residents also helped with decorations and entertainment. Thanks all!

On Monday evening the Girl Guides came and called B.I.N.G.O. Thanks. It was a real fun evening.

Our newest resident is Marie Konschuh. We welcome you and hope you soon feel "at home" here.

In hospital we have Mildred Fletch and Lena Leischner. We hope you feel better soon.

Our Lodge has again been saddened by the death of a resident Edna Weldon. We express our sincere sympathy to her family and friends.

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Canada

Alberta parents and citizens unite for public education

Parents and citizens from a variety of grass roots public education advocacy action groups within Alberta have joined forces under the umbrella of Albertans Promoting Public Education and Learning APPEAL to advocate for a public education system in Alberta that is second to none.

APPEAL grew out of the common recognition that parents and other citizens from across province are becoming increasingly concerned about the conditions in Alberta's public schools. By working together the group hopes to increase public awareness of the adverse effects of inadequate funding on student learning and the threat this poses to the future well-being

and success of all Albertans.

"From each of our small corners of advocacy we find that we have much in common in our valuing of public education and our concern about the half-hearted priority provided to the public system of education in Alberta that will ultimately ensure the lifestyle to which Albertans aspire," said founding member Joanne Cuthbertson.

"In joining together we have learned that while our specific concerns may vary, we all share a common vision: The necessary commitment, resources and infrastructure to sustain a strong and vibrant system of public education that enables all students to achieve their potential

and in doing so serves as the cornerstone of the Alberta advantage," said Lynn Odynski, another founding member.

In the upcoming weeks APPEAL will be sharing information with school councils across the province about the opportunities, issues and concerns that must be addressed to advance a public education system that enables all Alberta children and youth to obtain an excellent education.

As well, the group will be sharing information about strategies school councils can use to advocate for public education. In doing so APPEAL is hoping to encourage local actions that will help put public education on the public agenda.

Free Arthritis seminar explains new treatment options

Does arthritis have a grip on your life? Then attend Living Well with Arthritis, an upcoming Arthritis Society seminar. It takes place April 4, from 7:00 p.m. to 9:00 p.m. at the Olds Hospital classroom.

Seminar discussions will cover new arthritis medications as well as

different treatment options for people with arthritis.

Presenters include pharmacist Loraine Maybank and Candice Knowles Director of Educational Services for The Arthritis Society. A questions and answer period will follow the presentation.

To register, phone Kristine at 556-3381. There are a limited number of seats available so register today!

This seminar is made possible through an education grant from Pharmacia/Pfizer.

March is Asthma and Allergies Awareness month in Alberta

The Alberta Lung Association (ALA) reminds Albertans that March is Asthma & Allergies Awareness Month.

The 13th Annual Asthma & Allergies Door-to-Door campaign begins March 15th and runs through April 3rd. The campaign aims to raise \$1.1 million. Monies raised will fund research, education and programs in Alberta.

It is estimated that more than 240,000 Albertans are affected by asthma and allergies. One in twenty adults and one in ten school aged children must deal with the challenges of asthma and allergies.

Alberta has the highest mortality rate from asthma for adults in Canada, three times that of other Prairie provinces.

Over 25,000 volunteer canvassers will be knocking on doors throughout the province throughout the campaign with hopes of raising much-needed funds for asthma and allergies research and education.

The ALA urges Albertans to please give generously.

AADAC COMMUNITY PROJECTS Problem Gambling

The Alberta Alcohol and Drug Abuse Commission is now accepting proposals for grant funding to community groups/agencies in Alberta. Projects must be local in scope and deal with education and prevention in relation to problem gambling.

For a copy of the proposal guidelines please contact:

AADAC
Funded Agencies and
Problem Gambling
237, 10909 Jasper Ave.
Edmonton, AB T5J 3M9
Phone: (780) 422-5546
Toll-free dial 310-0000

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Reach beyond yourself and share in the spirit and rewards of volunteering.

There are as many ways to volunteer as there are people from all walks of life who volunteer in our communities. Read to children. Shovel a sidewalk. Coach little league. Walk a dog. Teach a skill. Help a charity.

Volunteer!

Alberta
COMMUNITY DEVELOPMENT

Wild Rose
FEDERATION

2001
INTERNATIONAL YEAR OF VOLUNTEERS

Girl Guides of Canada help earthquake victims

Girl Guides of Canada, through its Emergency Disaster Fund gave a donation in the amount of \$20,000 through the Canadian Red Cross to support earthquake relief efforts in El Salvador and India.

This response assists the countries in need, and reinforces the importance of global awareness and international community connections

by Girl Guides of Canada.

Girl Guides of Canada is a volunteer-based Movement for girls led by women and is part of a growing worldwide organization of more than 10 million participants in 140 countries.

Our membership in the World Association of Girl Guides and Girl Scouts (WAGGGS) enables us to have a direct impact on the lives of girls and

women locally, nationally and globally.

Through imaginative and innovative programs of adventurous activities, girls and women in Guiding have fun while building life-long friendships.

Guiding challenges girls to reach their potential and empowers them to give leadership and service as responsible citizens of the world.

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1.9%†
up to 60 months

PURCHASE PRICE
\$15,485
includes freight of \$730

SUNFIRE SEDAN SLX

Including: Automatic, Air, Power Locks, Remote Keyless Entry, CD Player, Cruise Control
\$59 more per month*

1.9%
PURCHASE FINANCING

PONTIAC MONTANA LWB

- 3.4L V6 185HP Engine • 4-Speed Automatic Transmission
- Front & Rear Heating/Air Conditioning
- Power Door Locks/Mirrors/Windows
- Dual Sliding Doors • Remote Keyless Entry
- AM/FM Stereo with CD Player



SMARTLEASE
\$328*
per month / 48 months
\$3,650 down payment
\$350 security deposit
with 2.9% lease rate

OR PURCHASE FINANCING
1.9%†
up to 60 months

OR CASH PURCHASE
\$29,188**
includes freight of \$940

★★★★★
Five Star Safety Rating.
Pontiac Montana holds a 5-star driver seat rating in side-impact tests.*

BUICK CENTURY

- 3.1L V6 175HP Engine • 6-Passenger Seating with Quiet Interior
- 4-Speed Automatic Transmission
- Power Door Locks/Mirrors/Windows • Cruise Control
- 6-Way Power Driver's Seat • Remote Keyless Entry



SMARTLEASE
\$308*
per month / 48 months
\$3,590 down payment
\$350 security deposit
with 5.4% lease rate

OR PURCHASE FINANCING
1.9%†
up to 48 months

OR CASH PURCHASE
\$25,998**
includes freight of \$895

GMC JIMMY 4X4

- Vortec 4300 V6 190HP Engine
- 4-Speed Automatic Transmission
- Power Door Locks/Mirrors/Windows
- Remote Keyless Entry • Cruise Control
- Bose Premium Sound System with CD Player



SMARTLEASE
\$418*
per month / 48 months
\$2,600 down payment
\$450 security deposit
with 2.9% lease rate

OR PURCHASE FINANCING
1.9%†
up to 60 months

OR CASH PURCHASE
\$34,988**
includes freight of \$835

Also available at 1.9% Purchase Financing: Aztek, Safari, and Sonoma.

**PONTIAC
BUICK
GMC**



For the latest information, drop by your local Pontiac • Buick • GMC Dealer, visit us at www.gmcanada.com or call 1-800-GM-DRIVE.

We'd like you to know more: *††† Offers based on 2001 Pontiac Grand Am SE (R7Z)/Grand Prix GT (R7Z)/Sunfire Sedan SL (R7Z)/Montana LWB (R7Z)/Century (R7Z)/Jimmy 4-Door (R7Z) equipped as described and includes freight of \$795/\$895/\$730/\$940/\$895/\$835. License, insurance, registration, administration fees and taxes are not included. **Total obligation \$12,112/\$15,783/\$10,606/\$15,458/\$15,038/\$17,694. Option to purchase at lease end \$9,000/\$13,700/\$5,600/\$13,700/\$11,500/\$15,600 (plus applicable taxes). All leases have annual km limit of 20,000 km. \$0.12 per excess kilometre. Other lease options available. ††† Upgrade to Sunfire Sedan SLX (R7X) SmartLease payment is \$282 per month, 48 months. ††† Financing on approved GMAC credit only. Example, \$10,000 at 1.9% APR, the monthly payment is \$285.99/\$216.52/\$174.84 for 36/48/60 months. Cost of borrowing is \$295.64/\$392.96/\$490.40. Total obligation is \$10,295.64/\$10,392.96/\$10,490.40. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment trade. **The SmartLease monthly payment and GMAC Purchase Finance rate are not available with and are not calculated on the "Cash Purchase" price shown. The difference between the SmartLease/GMAC Purchase Finance offer and the Cash Purchase price offer is deemed under provincial disclosure laws to be a cost of borrowing, whether or not the same represents actual interest, and is required to be expressed as an annual percentage rate which is 5.68% (Grand Am)/5.92% (Montana)/2.85% (Century)/4.11% (Jimmy). ††††† Offers apply to qualified retail customers in the Alberta, East Kootenays and Peace Country area only. Dealer order or trade may be necessary. Limited time offer which may not be combined with other offers. Dealers may set individual prices. ††††† Tests conducted by the US National Highway and Traffic Safety Administration. See your Dealer for conditions and details. gmcanada.com is a trademark of General Motors Corporation.